

Reading لَاحَوْلَ وَلَا قُوَّةَ اِلَّا بِاللهِ

## A treasure from beneath the Arsh of Allah Ta'ala

Hadhrat Abu Zarr (radiyallahu anhu) says that Rasulullah (sallallahu alayhi wasallam) commanded me to read this phrase very often: "la hawla wa la quwwata illa billah" (There is no might and no power except with Allah). He said that these words have come down from a treasure beneath the Throne of Allah." [Musnad-e-Ahmad # 21415]

### Increase your plantations in Jannah

Hadhrat Abdullah ibn Umar (radiyallahu anhuma) reported that Rasulullah (sallallahu alayhi wasallam) said: "Increase the plantations of Jannah. Its water is sweet and its soil is fertile so increase the plantations [by reading in abundance] "la hawla wa la quwwata illa billah." [Al Mu'jamul Kabeer, # 13354]

### A cure for 99 sicknesses, the lowest being depression

Hadhrat Abu Hurayrah (radiyallahu anhu) narrates; "Saying la hawla wa la quwwata illa billah is a cure for 99 sicknesses, the lightest of which is depression/grief." [Mustadrak Haakim, vol. 1 pg. 542]

## A door from the doors of Jannah

Nabi (sallallahu alayhi wasallam) once passed by Qays ibn Ubaadah (radiyallahu anhu) who had just completed reading Salaah. He prodded him with his foot saying; "Should I not show you one of the doors of Jannah?" Qays (radiyallahu anhu) replied, 'Certainly do!' Nabi (sallallahu alayhi wa sallam) said, "It is, 'la hawla wa la quwwata illa billah.' (Tirmizi # 3581)

# Forgiveness for all one's sins

Rasulullah (sallallahu alayhi wa sallam) said: "There is no person on earth who says: La ilaha illallahu wallahu akbaru wa la hawla wa la quwwata illa billah, except that his sins shall be forgiven, even if it were as much as the foam of the sea." [Tirmizi # 3460]

# Freedom from imprisonment

Hadhrat Maalik Al-Ashjaee (radiyallahu anhu) complained to Rasulullah (sallallahu alayhi wasallam) that his son was imprisoned by the kuffaar. Rasulullah (sallallahu alayhi wasallam) advised him [and in one narration advised his wife too] to recite 'la hawla wala quwwata illa billah' abundantly. He asked him to also send a message to his son to recite the above frequently. Hardly much time passed until his son was freed and he even brought with him camels that he took from his capturers as booty. [Dalaailun Nubuwwah Lil Bayhaqi - vol.6 pg. 106]

NOTE: EVERY PERSON SHOULD TRY AND READ THIS ZIKR AT LEAST 100 TIMES DAILY