

Superstitions or Stupid-stitions!

Have you ever heard someone say something like:

- "Don't walk under a ladder, it's bad luck!"
- "A black cat crossing your path means trouble!"
- "If you break a mirror, you'll have seven years of bad luck!"
- "Keep your fingers crossed. It will chase away all evils."

These beliefs are called superstition. A superstition is a belief that something completely normal (like a black cat or a broken mirror) has some magical power to cause good or bad things to happen, without Allah Ta'ala's permission.

What does Islam, our beautiful Deen, say about this? Let's find out!

Islam teaches us that absolutely nothing in this world happens without the permission and power of Allah Ta'ala. Good things come from Him, and any challenges or problems we face are also known to Him and happen for a reason that we may not understand.

Believing in superstitions is the opposite of Tawakkul (putting our trust in Allah Ta'ala). It's like saying a black cat has more power than Allah's plans, and we all know that this can never be true.

Allah Ta'ala says in the Qur-aan Shareef: "Nothing will ever happen to us except what Allah Ta'ala has decided for us. He is our Protector. In Allah Ta'ala alone do the believers place their trust." (Surah Taubah)

This beautiful Aayah is a means of comfort for our hearts! We understand that only what Allah Ta'ala has written for us will happen. A ladder, a cat or a mirror cannot decide our future or our fortune. Only Allah Ta'ala does!

Our beloved Nabi Muhammad (sallallahu alayhi wasallam) taught us that believing in bad omens is a form of Shirk (joining partners with Allah Ta'ala). Rasulullah (sallallahu alayhi wasallam) said: "There is no such thing as evil omens (superstitions).

Story: In a small country town, there lived an old family for many generations. In winter it would get very cold and the family would all sit around the fire to keep warm. The old granny always believed that at night no one must use a broom to sweep the house as it sweeps away your good fortune and brings shaytaan into the house. She said that they learnt this from an old woman in their village in India.

One evening her grandson, Umar, accidentally dropped a bag of rice in the kitchen. He sighed to himself, grabbed the broom, and began sweeping up the rice. Just then, his granny walked into the kitchen to make a cup of tea. On seeing him sweeping, she yelled, "Child! Have you lost your mind? You'll bring the Broom Curse upon us all!"

Umar laughed and said, "It's only rice that I'm sweeping up. Don't worry, nothing will happen to us."

His reply sent a shiver down her spine and panic spread in the whole house. His mother and father began shouting at him for sweeping at night.

The next morning there was chaos:

- A cat got stuck in the tree.
- Someone's phone died whilst on an important call.
- The bread got burnt in the toaster.

Naturally, everyone blamed Umar. "Ever since he swept at night, the entire house's luck has turned bad!" cried his granny and parents.

To fix things, his granny insisted on him to apologise to her broom.

Since Umar was a young boy attending the maktab in his area he refused to do that. He addressed his granny in the following manner,

"My Moulana in Madrasah told us that our beloved Nabi (sallallahu alayhi wasallam) said, "There is no such thing as bad luck and evil omens. He also told us that in Imaan-e-Mufasssal we believe; "All good and bad comes from Allah Ta'ala."

After Umar told her that, she understood what his Moulana had taught him and accepted what Umar had said. Now she no longer believes in silly superstitions.



What's the best way to deal with superstitious thoughts?

1. Say "Aoozu billaahi minash-shaytaanir rajeem." Superstitious thoughts are often whispers from shaytaan to make us afraid and doubtful.
2. Put your trust in Allah Ta'ala. All good and bad is from Allah Ta'ala alone.
3. Say "Masha-Allah" for good things you see or own. This will protect it with Allah's blessings.
4. Say "Inna lillahi wa inna ilayhi raajioon" when anything bad or unfortunate happens.
5. Be positive! Rasulullah (sallallahu alayhi wasallam) loved good thoughts. Always hope for the best from Allah.
6. Read "La hawla wala quwwata illa billah" often.

Labubu Dolls

Nowadays, Labubu dolls have become a new world-wide fashion statement. Women and children carry these ugly looking dolls with them wherever they go. Ladies have it strapped to their handbags and children carry it on their school bags. Some people feel that this creepy looking thing will bring them luck and protect them from the devil, whilst others feel that this demon-looking creature will bring them bad-luck.

In reality, all kinds of dolls chase away the Malaaikeh (angels) of mercy from us. Nabi ﷺ said that the Malaaikeh do not come close to that home in which there are animate objects. So, by keeping the labubu doll with you, you are actually chasing away the angels of mercy. Let us stay away from keeping such dolls as this is prohibited in our Deen.

Note to parents: There are many toys that we can buy for our children which are permissible. Don't buy a labubu doll for your child. It is so ugly and after all why would you want to accustom your children to this shaytanic toy of the kuffaar.